

Community Events



# WOOLWICH TOWNSHIP

**Wednesday, March 5, 2025**

---

## Small Space Gardening

Date and Time: Wednesday, March 5 7:00 pm - 8:30 pm

Address: Woolwich Memorial Centre, 24 Snyder Ave S. Elmira

Small Space Gardening Event. Wednesday March 5, 7 to 8:30 pm. Woolwich Memorial Centre, 24 Snyder Ave S. Elmira

Hosted by the Township of Woolwich Environmental Enhancement Committee (TWEEC)

All are invited to learn about the basics of small space vegetable and fruit gardening.

Local gardeners will talk about container gardening, intensive backyard gardening and backyard fruit production. There will also be a hands-on demonstration with seeds and soil provided to participants.

This is a free, drop-in event. All Welcome!

More details at [www.healthywoolwich.org](http://www.healthywoolwich.org)

**Friday, March 7, 2025**

---

## Knights of Columbus Friday Fish Fry

Date and Time: Friday, March 7 4:30 pm - 7:00 pm

Address: 19 Flamingo Dr, Elmira, ON N3B 1V3

Join us at St. Teresa's Church during Lent for a delightful evening of community and delicious fish! ☐☐☐

Our Knights of Columbus Fish Fry is back, and we're serving up crispy fried fish, savoury sides, pie, and heart warming fellowship.

Whether you're observing Lent or simply looking for a wonderful meal, everyone is welcome to share in this cherished tradition.

Come for the fish, stay for the camaraderie! Bring your family and friends and make memories together while supporting a great cause.

Take out: 4:30 pm - 5:00 pm or Continuous seating in the church hall: 5:00 pm - 7:30 pm

Tickets available after Saturday/Sunday masses or call the parish office.

Proceeds to Knights of Columbus Charities



## Saturday, March 15, 2025

---

### HOPE Workshop "Healing Together: Navigating Mental Health in a Diverse World"

Date and Time: Saturday, March 15 1:00 pm - 3:00 pm

Address: Community Centre Room, Woolwich Memorial Centre, 24 Snyder Avenue South, Elmira

Saturday, March 15, 2025 // 1:00-3:00 pm

Community Centre Room, Woolwich Memorial Centre, 24 Snyder Avenue South, Elmira

NO COST // OPEN TO PUBLIC

Snacks and Beverages Provided

How does diversity impact mental health? Join our circle for open conversation about how racism and discrimination impact mental health, and on insights and strategies for healing, resilience, and inclusion.

Four guest speakers: Hope Engel, Abiha Syed, Anita Gombos Hill, Nicole Brown Faulknor

## Monday, March 17, 2025

---

### March Speaker

Date and Time: Monday, March 17 7:00 pm - 8:30 pm

Address: St. James Lutheran Church, 60 Arthur St. S, Elmira

Woolwich Gardeners speaker: Ben Caesar (Fiddlehead Nursery, Kimberley) "Plants for Edible Landscapes"

Location: St. James Lutheran Church, 60 Arthur St. S., Elmira, ON N3B 2M9 (Wyatt St. entrance)

Woolwich Gardeners members free; free-will donation for non-members.

Open to the public! Bring your own mug for refreshments and treats.

## Thursday, March 20, 2025

---

### U SPORTS Women's Hockey Championship

Date and Time: Thursday, March 20 12:00 am - 11:55 pm

Address: 24 Snyder Ave S 2nd Floor, Elmira, ON N3B 1Z1

2025 U SPORTS Women's Hockey Championship – Hosted by the University of Waterloo

The University of Waterloo is proud to host the 2025 U SPORTS Women's Hockey Championship, taking place March 20–23, 2025, at the Woolwich Memorial Centre in Elmira, Ontario. This prestigious event will bring together the nation's top eight university teams, all competing for the national title.

#### Event Details:

Dates: March 20–23, 2025

Location: Woolwich Memorial Centre, Elmira, Ontario

Participating Teams: The championship will feature eight elite teams from across U SPORTS conferences:

Canada West Representative

Ontario University Athletics (OUA)

Representative Réseau du sport étudiant du Québec (RSEQ) Representative

Atlantic University Sport (AUS) Representative

Host: Waterloo Warriors A

Additional berths assigned to Canada West, RSEQ, and AUS

#### Tickets and Admission:

Ticketing Website: <https://waterloowarriors.universitytickets.com/>

Fans are encouraged to check the official U SPORTS championship website and the University of Waterloo Athletics page for updates.

Broadcast Information: For those unable to attend in person, the championship games will be broadcast nationally, allowing fans across the country to experience the action. More details on broadcasting will be released closer to the event.

Community Engagement: The University of Waterloo is dedicated to fostering community involvement through various events and initiatives leading up to and during the championship. These will help promote women's hockey and encourage youth participation in sports.

Join us in celebrating the pinnacle of women's university hockey in Canada! Whether you're a dedicated fan or new to the sport, the 2025 U SPORTS Women's Hockey Championship promises thrilling competition and unforgettable moments.

Stay tuned for more updates and visit the official championship website for more details. We look forward to welcoming teams, fans, and the community to this exciting event!

#GoBlackGoGold #USPORTS #ChampionshipHockey

## Knights of Columbus #8192 General Meeting

Date and Time: Thursday, March 20 6:30 pm - 8:30 pm

Address: 19 Flamingo Dr, Elmira, ON N3B 1V3

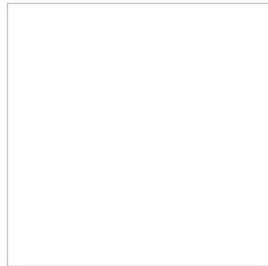
General meetings are open to any Knights of Columbus member upon presentation of a current membership card as well as to their guests who are **18 years of age or older and are practicing Catholics** that also have an interest in joining the order and becoming a Knight. We are looking for men that want to help those in need, serve the parish and community and grow in the faith.

Guests of members are invited to come meet your friends or neighbours beginning at 6:30 PM to learn more about the Knights! It is a time for fellowship and includes a small meal, snacks and refreshments; followed by the general meeting at 7:30 PM.

If interested, prospective members are asked to fill in and print out the attached membership document. Completed forms can be brought with you to a meeting when accompanied by a current member, or dropped off at the parish office.

A 12 month, **free**, online membership is immediately available at: [kofc.org/join](https://kofc.org/join) (Enter Council 8192 as 'Preferred Local Council' and promo code BLESSEDMCGIVNEY)

By joining the Knights of Columbus, you'll become part of the largest Catholic fraternity in the world, supported by a true brotherhood built on shared values and a shared desire to be the man God has called us to be.



## Saturday, March 22, 2025

---

### HOPE Workshop - "Finding Inner Peace: A Mindfulness Workshop"

Date and Time: Saturday, March 22 12:00 pm - 1:30 pm

Address: Bethany Lee Yoga & Wellness Studio, 25 Industrial Drive, Unit 7C, Elmira

Saturday, March 22, 2025 // 12:00 - 1:30 PM

Bethany Lee Yoga & Wellness Studio, 25 Industrial Drive, Unit 7C, Elmira

NO COST // OPEN TO PUBLIC

Light Refreshments Provided

Discover a transformative experience with Buddhist monk Rev. Kalubowila Ananda as we explore mindfulness and have guided meditation together.

